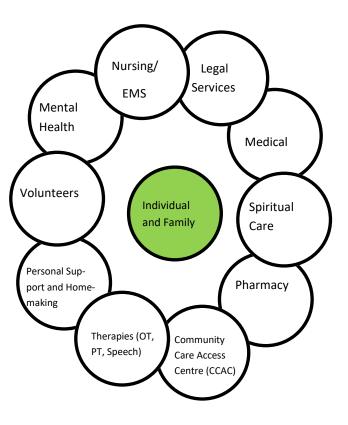
## **CIRCLE OF CARE**





Sauté Manitouwadge Health

#### What is Palliative Care?

Is the care that individuals receive who have a life limiting illness, and it focuses on providing quality of life care. Palliative care is about keeping individuals as comfortable and free of pain or other symptoms as possible. Palliative care is also about meeting the holistic (physical, mental, emotional and spiritual) care and treatments needs of an individual.

(Canadian Hospice Palliative Care Association, 2013)

#### What is End of Life Care?

Refers to treatment and the care that is provided at the end of an individual's life. This type of care focuses on an individual's choice for care during the last days of life till death.

(Canadian Hospice Palliative Care Association, 2013)

This pamphlet was designed to give you more information on some of the services available to anyone in need of Palliative, End-of Life Care.

# PALLIATIVE AND END-OF LIFE CARE IN MANITOUWADGE





### Who is the Palliative, End-of-Life Care Team

The Palliative End-of Life Care team are representatives from the community groups, families and individuals, service providers and professionals within institutional setting as well as the community

### Sauté Manitouwadge Health

### Manitouwadge General Hospital

826-3251

**Nursing Staff-ext 221**– Staff are there to support you and your family for questions you might have.. They also have access to the Doctor on call for consultation

**Physiotherapy-ext 225**-Provides physical therapy services while in the hospital.

# Manitouwadge Family Health Team (MFHT) 826-3174

The Manitouwadge Family Health Team offers a variety of services including nursing services for dressing changes, home care, social work services for end of life planning and grief support, and Registered Dietician for dietary support.

Hospice Northwest-ext 277-Trained volunteers provide support in the home, hospital and long term care facilities at no cost to the individual or family. The support is available to persons who are ill, family members and friends, as wall as bereaved person who have experienced death of a loved one.

### **Manitouwadge Medical Clinic**

826-3333

Appointments can be made with your family physician who provide care in the office and the hospital setting. The physicians work closely with the nurses at the hospital and the staff at the Manitouwadge Family Health Team to try and effectively coordinate care.

# Northwest Community Care Access Centre (NWCCAC)

229-8627

Anyone can make a referral. A Care Coordinator will talk to you and determine your eligibility for services which may include, Nursing, Occupational therapy, Physical therapy, Social Work, Dietician, Speech Language therapy, Personal support and Homemaking.. Applications for Long Term, respite services, and equipment rentals through NWCCAC are also available. The Care Coordinator will also be able to connect you to other series that may benefit you at this time or in the future..

### **Equipment**

If you or your loved one is requiring equipment for use in your home such as a walker, wheelchair, hospital bed, bathing or toileting equipment you may be able to access them free of charge through NWCCAC. Rentals are also available through Manitouwadge General Hospital or Shopper's Home Health Care 1-800-465-3986.

### **Manitouwadge Pharmacy**

826-3888

Manitouwadge pharmacy offers many series to customers. Prescriptions can be filled and the pharmacist will review them to ensure that combinations of medications are safe. They provide filling dosettes or blister packs, they can make suggestions to you and your physician regarding ways to make taking your medications easier. Your pharmacist is an important part of your health care team..

### **Spiritual Support**

St. Paul's Untied Church

826-3897

**Our Lady of Lourdes Church** 

826-3751

**Bethany Pentecostal Church** 

826-3358

### North of Superior Programs (NOSP)

826-4517

Free confidential counseling services for individuals and families. Self referrals are welcome.