

How to Prepare for a FULL BLADDER Ultrasound?

You must have a FULL BLADDER

Drink 3 to 4 (8 ounce) glasses of water starting 2 hours before your appointment and finish drinking at least 1 hour before the appointment

****DO NOT EMPTY YOUR BLADDER ****

How to Prepare for a FASTING Ultrasound?

Do not eat or drink for 8 hours prior to your test – nothing by mouth

If medication is required to be taken, you may take as usual with as little water as possible

What is an Ultrasound?

An Ultrasound is an imaging method that uses high-frequency sound waves using a transducer to produce images of structures within your body.

What will happen during the Ultrasound?

You may be asked to wear a hospital gown. A gel (which wipes off easily) will be applied directly to the skin surface and a series of pictures will be taken of the body part being examined. The Technologist will be taking pictures and measurements during the test. The test will take between 30-60 minutes to complete.

What will happen after the Ultrasound?

The Radiologist will send the ultrasound report to your physician. The results will be given to you by your physician.

