

## Our Mission

Hospice Northwest is a community volunteer organization that complements, enhances and delivers end of life care, including grief and bereavement services. The mission of Hospice Northwest is to foster a compassionate community response to the needs of anyone living with, dying from, or affected by illness and disease.

## A Leader

Founded in 1987, Hospice Northwest offers compassionate support to clients and family members who are living with a life limiting illness or struggling with grief.

Our services were designed to work in harmony with you and your family, by addressing your emotional needs and providing holistic support that will help you live your life to the fullest. To find out more about our programs and services, please visit our website: [www.hospicenorthwest.ca](http://www.hospicenorthwest.ca)



"Hospice Northwest's grief support group was like massage therapy for the heart! I know this is one of the best things I have ever done for myself. The grief support program is extremely beneficial and very necessary".

- MARGARET PALMER, GRIEF CLIENT

## Help Us

Hospice Northwest is a non-profit organization. We rely on donations to offer many of our programs. You can make a donation or support us in our fundraising efforts in a variety of ways:

- ♥ Make a monetary donation in memory of a loved one
- ♥ Join our Hike for Hospice in May annually
- ♥ Organize a third party fundraiser on behalf of Hospice Northwest
- ♥ Consider Legacy or Planned Giving

Information on all of the above examples are available by calling our office at 807-626-5570.

Supported by:



Making Moments Matter



63 Carrie Street Thunder Bay, ON P7A 4J2  
Phone: (807) 626-5570 Fax: (807) 626-5574

We are committed to protecting your privacy. A full version of our privacy policy is available at [www.hospicenorthwest.ca](http://www.hospicenorthwest.ca)

Hospice Northwest is a not-for-profit registered charity, and proud member of the Integrated Palliative Care Clinical Program, Hospice Palliative Care Ontario and Canadian Hospice Palliative Care Association. Charitable # 118871011RR0001

[www.hospicenorthwest.ca](http://www.hospicenorthwest.ca)



## Making Moments Matter

Hospice Northwest's trained palliative care volunteers truly know how to help, providing an authentic human connection at a very difficult time in people's lives. Our volunteers offer compassionate support to those living with a life limiting illness in homes, hospitals and long-term care facilities in Thunder Bay and district. Every individual is treated as a person by volunteers who listen with their hearts and help make every moment matter.

Hospice Northwest Services are here for you, supporting you and your family when you need it most.



*"It was comforting to know that our mom and dad received such compassionate personal care and concern from Hospice Northwest. We will be forever grateful."*

-ANDREA CIBULAK, CLIENT FAMILY MEMBER

Hospice Northwest Programs and Services are available in the City and District of Thunder Bay:

- ♥ **Regardless of diagnosis**
- ♥ **At no cost to client or individual**
- ♥ **With a simple referral process**
- ♥ **With complete confidentiality assured**

## Grief Support

Grief can evoke powerful emotions that leave you feeling like you just can't cope. If you are feeling alone and in need of a good listener, a Hospice Northwest volunteer can help. He or she will meet with you privately, listen without judgement and provide confidential and caring support.

Our "Hearts and Hope Grief Support Group" offers a safe and confidential environment that will allow you to share your thoughts and feelings with others who are also dealing with loss. This unique 6-week support program is held several times a year. Referrals can be made by calling us at 807-626-5570 or online at [www.hospicenorthwest.ca](http://www.hospicenorthwest.ca)

## Resource Library

The Hospice Northwest Resource Library is open to anyone who wishes to register. Our collection of books and materials includes information on serious illness, death and dying, spirituality, grief and bereavement and more.



FOR MORE INFORMATION PLEASE VISIT OUR WEBSITE



*"Hospice volunteering has given me a new purpose in life. I've always wanted to help others, and now I feel like I am. It's been such a wonderful experience and I've met such wonderful people! It's changed my life!"*

- ANNE LAPPALAINEN, VOLUNTEER

## Make a Difference

Not only do our dedicated volunteers make a significant difference in the lives of others, their own lives are deeply enriched through their work. Our volunteers tell us that they receive so much more than they give.

If you are a compassionate listener with a caring attitude and the desire to give back to your community, you have what it takes to volunteer with our team.

We Will Train And Support You

When you sign up as a HNW volunteer, you will complete a provincially accredited training program that is delivered through a variety of formats including online training modules, group sessions and recorded training videos. Often, our volunteers form lasting friendships that provide them with personal growth and a very special sense of belonging.

[WWW.HOSPICENORTHWEST.CA](http://WWW.HOSPICENORTHWEST.CA) OR CALL (807) 626-5570